

Holy Habits for Spiritual Health & Fitness: Sharing Your Faith

Text: **1 Timothy 4:7b-8; 1 Peter 3:15**

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SUN-AM-2/15/09

Introduction

A. Getting into physical shape this year is important

B. Getting into spiritual shape is even more important!

1 Tim. 4:7b-8
Matt. 26:41

C. Do you want to grow spiritually?

Eph. 4:15
1 Pet. 2:2
2 Pet. 3:18
Acts 1:8

I. Sharing Your Faith is _____ Than You Think

A) It begins with your Personal Testimony

John 9:1-5
John 9:25

Three parts to your personal testimony:

1. Your life before Christ
2. How you came to receive Christ as Lord and Savior
3. The difference Christ has now made in your life

Mark 5:19-20

B) Invitation: "Come and See!"

1. The example of the Samaritan woman
2. The example of Andrew, Simon Peter's brother

John 4:24
John 4:28-30
John 4:39-42
John 1:40-42

C) Commissioning: "Go and Tell!"

Matt. 28:18-20

II. Sharing Your Faith is an Act of _____

1 Sam. 15:22
John 14:15
Mark 16:15
Jonah

III. Sharing Your Faith Includes _____ & _____

**1 Pet. 3:15
Rom. 15:13
Col. 1:27
Heb. 6:19
2 Tim. 1:12
Romans 1
Jude 3-4**

IV. Sharing Your Faith is Sharing the _____ of God

**John 3:16-17
Luke 19:10
2 Pet. 3:9
Mark 1:17
Matt. 28:19
Acts 1:8**

V. Sharing Your Faith is the Most _____ Thing You Can Share

1 Pet. 1:3-9

Conclusion

A. Will there be anyone in heaven because of you?

B. "I Thought You Were My Friend"